

Welcome to Local Nutrition located in Trussville Al, at 1483 Gadsden Hwy Ste 104. We were excited to bring a healthy fast option to the Trussville community, located just outside of Birmingham. We provide clean energy loaded teas and delicious meal replacement shakes.

Not only do we service our community with a healthy fast alternative, but we also are able to help other entrepreneurs open their own locations. We have already been blessed to have helped many start their new healthy and happy journey opening their own nutrition club and would love to help you too.

Don't forget to always Drink Local!



Local Nutrition of Trussville
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Owners







