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Hello and Welcome to our newest location Blue Nutrition in the wonderful college town of Lexington, Kentucky. Located just minutes from campus and downtown Lexington, we are conveniently located at 1030 South Broadway suite 7. This location opened Feb 1, 2024 and quickly was an area favorite.

We are a high energy studio that serves hi protein, lo-carb, lo-cal meal replacement shakes and vitamin rich, less than a gram of sugar, energizing loaded teas and more.

Our goal is to make Lexington happier and healthier.

Not only do we strive to make Lexington healthy and happier but to also bring healthy options across America. Let us help you become your own boss and open your own nutrition club. We would love to sponsor you and help you become a happier you.



Blue Nutrition 1030 South
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(859) 327-3014
Leslie Culver and Courtney Booker,
Owners







